

HOW TO EARN THE NJWELL REWARD

CWA MEMBERS CAN EARN \$350!

1. Complete the required Online Health Assessment (100 points).

- **Horizon:** Log into the Horizon Member Portal at Horizonblue.com/shbp. Once logged in click *Wellness & Services*, then select *NJWELL*
- **Aetna:** Log into the Aetna Member Portal at Aetna.com. Once logged in click *Health & Wellness > Discover a Healthier You*, then select *NJWELL*.



2. Earn an additional 700 points by completing activities the Traditional Method or via the Direct Primary Care Method

All activities must be completed by October 31st, 2025 to earn the reward.

Traditional Method:

1. Complete NJWELL screening via one of three options at [my.QuestforHealth.com](https://my.questforhealth.com) (100 points)
 - a. Home test kit, or
 - b. Screening appointment at Quest Diagnostics™ lab, or
 - c. Download Screening form, PCP signs, member submits to Quest, plus
2. Earn 600 additional points under the 5 categories listed on NJWELL Rewards page see below:

ACTIVITY CATEGORY	POINTS REQUIRED
Online Health Assessment	100
Health Screening	100
Clinically Managed	200
Emotionally Balanced	100
Financially Secure	100
Physically Fit	150
Socially Connected	50

DPC METHOD:

1. Complete a well visit and develop a care plan with a Direct Primary Care provider, plus
2. Complete an additional visit
 - Second visit may be office-based or telehealth (700 Points)

ACTIVITY CATEGORY	POINTS REQUIRED
Online Health Assessment	100
Complete two visits with a Direct Primary Care provider	700