HOW TO EARN THE NJWELL REWARD

1. Complete the required Online Health Assessment (100 points). Log into the Horizon Member Portal at Horizonblue.com/shbp. Once logged in click Wellness & Services, then select **NJWELL**





SHBP/SEHBP

For Member Services, call 1-800-414-SHBP (7477) SIGN IN Phone lines open today until 6:00 p.m.

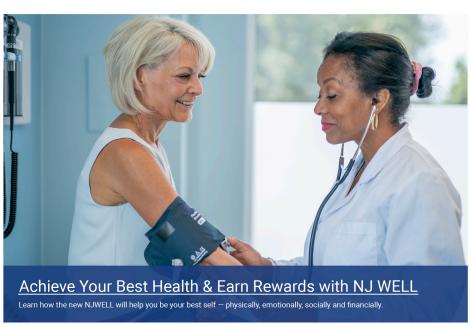
Plans ▼ Tools & Services ▼ Health Programs ▼

NJWELL ▼

Your Health ▼

Forms ▼

Understanding Your Plan 🔻



Helpful Links COVID-19 Resources Get answers about coverage for testing, treatment and vaccines, and learn how to protect yourself and your loved N.J. Division of Pensions & Benefits Read plan guidebooks, get an enrollment form, learn about prescription drug coverage and more. **Direct Primary Care Doctor Offices** Get unlimited access to personalized care with no copays. It's easy - simply choose a Direct Primary Care doctor for you and your covered dependents. Horizon Behavioral Healthsm Find balance, health and wellness for your mind and body. Find a Doctor Search for participating network doctors, hospitals and other healthcare professionals. Health Programs

Learn about various programs that can help you achieve your

best health and well-being for your body and your mind.

2. Earn an additional 700 points by completing activities the Traditional Method or via the **Direct Primary Care Method**

All activities must be completed by October 31st, 2024 to earn the reward.

Traditional Method:

- 1. Complete NJWELL screening via one of three options at my.QuestforHealth.com (100 points)
 - a. Home test kit, or
 - b. Screening appointment at Quest DiagnosticsTM
 - c. Download Screening form, PCP signs, member submits to Quest, plus
- 2. Earn 600 additional points under the 5 categories listed on NJWELL Rewards page see below:

ACTIVITY CATEGORY	POINTS REQUIRED
Online Health Assessment	100
Health Screening	100
Clinically Managed	200
Emotionally Balanced	100
Financially Secure	100
Physically Fit	150
Socially Connected	50

DPC METHOD:

- 1. Complete a well visit and develop a care plan with a Direct Primary Care provider, plus
- 2. Complete an additional visit
 - · Second visit may be office-based or telehealth (700 Points)

ACTIVITY CATEGORY	POINTS REQUIRED
Online Health Assessment	100
Complete two visits with a Direct Primary Care provider	700

HR-632 (2/24)