



HEALTHCARE OMBUDSPERSON PROGRAM

The Healthcare Ombudsperson Program is a joint venture between CWA and the State of New Jersey to provide education and counseling to employees, to resolve employee issues effectively and efficiently, and to work collaboratively to create better healthcare outcomes.

STATE HEALTH BENEFITS PROGRAM

The State Health Benefits Plan offers medical, dental, and prescription drug coverage to qualified State workers and their eligible dependents.

- [Medical Plan Design Comparison Chart](#)
- [Horizon Premium Contribution Calculator](#)
- [Dental Plan Fact Sheet](#)
- [Dental Plan Cost Sheet](#)
- [OptumRx Prescription Drug List](#)

PLAN CONTACTS

Medical Plan

- [Horizon BCBSNJ](#): (800) 414-7427

Dental Plan

- [Aetna Dental Expense Plan](#): (877) 782-8365
- [Aetna DPO](#): (800) 843-3661
- [Cigna Dental Health](#): (800) 564-7642
- [Horizon Dental Choice](#): (800) 433-6825
- [Metlife](#): (866) 880-2984

Prescription Drug Benefits

- [OptumRx](#): (844) 368-8740

MEMBER GUIDEBOOKS

- [CWA Unity Direct](#)
- [Horizon OMNIA](#)
- [Prescription Drug Plan](#)
- [Dental Plans](#)

BENEFITSOLVER

Workers can enroll in, make changes to, or waive their health benefits through the Benefitsolver application.

- [Guide to Logging into Benefitsolver](#)
- [Register](#)

WELLNESS PROGRAMS AND RESOURCES

- [NJ WELL](#) – Provides inclusive and holistic experiences to meet members' needs through activities and educational programming to support healthy lifestyles. Obtain 800 points and earn a \$350 reward.
- [MyChoice Find-a-Provider](#) – Log in to your MyNJBenefitsHub.nj.gov.
- [Horizon bFit](#) – Earn a \$20 monthly reward towards the cost of a participating gym membership.
- [Horizon Blue365 Discounts](#) – Blue365® is a discount program administered by the Blue Cross Blue Shield Association that can help eligible members save on products and services for a well-balanced lifestyle.
- [Hinge Health](#) – Conquer back or joint pain from the comfort of your home!
- [Horizon Maternity Program](#) – If you become pregnant, Horizon will be with you and your obstetrician every step of the way, with comprehensive prenatal and maternity coverage.
- [Livongo Diabetes/Hypertension Whole Person Program](#) – Learn how to manage your diabetes, blood pressure, weight and mental health with a free, individualized program from Livongo that combines advanced technology and coaching.
- [Vision Care Program](#) – Biannual reimbursements of up to \$45 for eye exams and up to \$90 for prescription lens or contact lenses.
- [Advanced Directives](#) – The decisions that patients and families make regarding palliative and end-of-life care are critical to ensuring that medical treatment and individual quality-of-life wishes are properly carried out.
 - ▶ See also: [Conversation of Your Life](#) by New Jersey Health Care Quality Institute

TAX\$AVE PROGRAMS

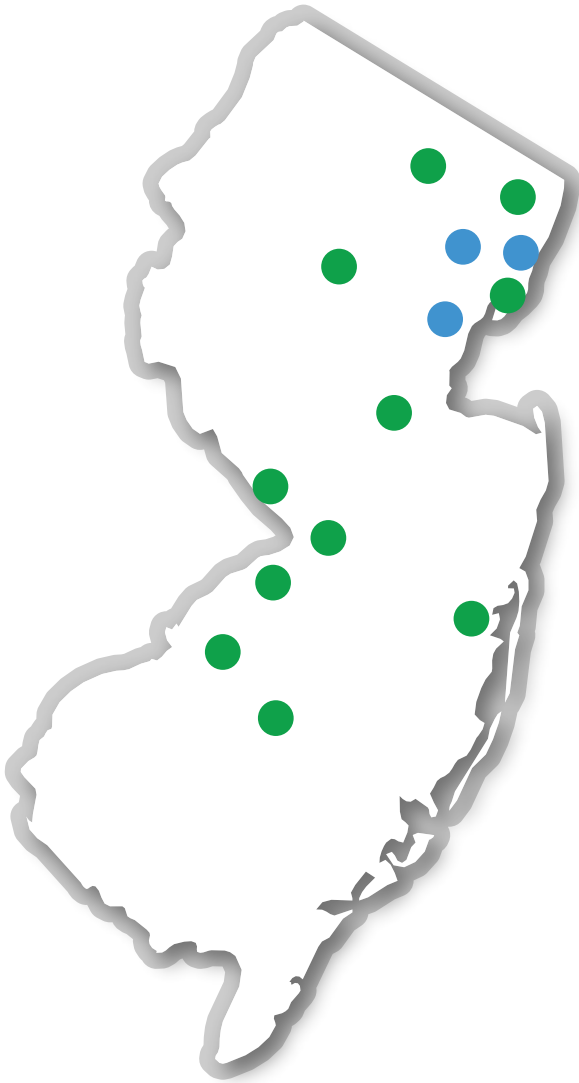
- [Flexible Spending Account \(FSA\)](#) – A Medical FSA is an account you fund to pay for qualified out-of-pocket medical, dental, orthodontia, vision and prescription expenses.

For More Information contact your CWA Local Healthcare Ombudsperson or visit MyNJBenefitsHub.nj.gov

CWA



HEALTHCARE OMBUDSPERSON PROGRAM



DIRECT PRIMARY CARE

- zero membership fee and no copays
- same day or next day appointments
- little to no wait time to see the doctor
- call, text, and video chat with your doctor 24/7
- on-site blood work and basic medication dispensed for acute illnesses at no cost
- no need to change your current doctor

LOCATIONS



Cherry Hill | Clifton | Ewing | Fair Lawn
Hamilton | Jersey City | New Brunswick
Toms River | Voorhees | West Orange
Willingboro



Belleville | Elizabeth | Union City



SCAN QR CODE TO ENROLL

Members must be enrolled in the CWA Unity DIRECT or OMNIA plan.
For more information contact your CWA Local Healthcare Ombudsperson
or visit MyNJBenefitsHub.nj.gov.

CWA